

CLASSIC BENCH PRESS - Qualifiers for SA Champs 2025

| Name | Province | Age Cat | Weight Cat | YOB | SJ | Jun | Open | M1 | M2 | M3 | M4 | Qualifying Total | Qualifying Comp |
|---------------------|----------|------------|------------|--------|----|-----|------|----|----|----|----|------------------|--|
| Ferde Botha | EC | Subjunior | 66 | Jun-08 | X | | | | | | | 100,0 | Defending Champion - SA Classic Bench 2024, EC BP |
| Blaine Coleman | WC | Subjunior | 74 | Jun-07 | X | | | | | | | 120,0 | Defending Champion - SA Classic Bench 2024 |
| Peter Bester (Jnr) | WC | Subjunior | 83 | Feb-08 | X | | | | | | | 110,0 | Defending Champion - SA Classic Bench 2024 |
| Juan Bezuidenhout | EC | Junior | 74 | Nov-04 | | X | | | | | | 95,0 | Defending Champion - SA Classic Bench 2024 |
| Steven Vosloo | EC | Junior | 83 | Apr-05 | | X | | | | | | 110,0 | Defending Champion - SA Classic Bench 2024 |
| Maahir Martin | WC | Open | 93 | Jan-00 | | | X | | | | | 180,0 | Defending Champion - SA Classic Bench 2024 |
| Fabio Yslie | WC | Open | 105 | Oct-99 | | | X | | | | | 190,0 | Defending Champion - SA Classic Bench 2024 |
| Craig Masson | G | Open | 120 | Nov-81 | | | X | | | | | 175,0 | Defending Champion - SA Classic Bench 2024 |
| Jared Leask | G | Open | 120+ | May-91 | | | X | | | | | 229,0 | Defending Champion - SA Classic Bench 2024 |
| Steve Coleman | G | Master 1 | 66 | Apr-79 | | | | X | | | | 123,0 | Defending Champion - SA Classic Bench 2024 |
| Ricardo Fitzpatrick | NC | Master 1 | 83 | Nov-80 | | | | X | | | | 140,0 | Defending Champion - SA Classic Bench 2024 |
| David Jacobsz | G | Master 1 | 93 | Oct-81 | | | | X | | | | 155,0 | Defending Champion - SA Classic Bench 2024 |
| Craig Masson | G | Master 1 | 120 | Nov-81 | | | | X | | | | 175,0 | Defending Champion - SA Classic Bench 2024 |
| Simon Breetzke | G | Master 1 | 120+ | Jun-78 | | | | X | | | | 165,0 | Defending Champion - SA Classic Bench 2024 |
| Yaniv Lacob | G | Master 2 | 74 | Dec-74 | | | | | X | | | 112,5 | Defending Champion - SA Classic Bench 2024 |
| Shazly Savahl | WC | Master 2 | 83 | Nov-73 | | | | | X | | | 100,0 | Defending Champion - SA Classic Bench 2024 |
| Nicholas ingel | G | Master 2 | 105 | May-71 | | | | | X | | | 125,0 | Defending Champion - SA Classic Bench 2024 |
| Hermanus de Beer | G | Master 2 | 120 | Apr-70 | | | | | X | | | 152,5 | Defending Champion - SA Classic Bench 2024 |
| John Crain | G | Master 2 | 120+ | Dec-69 | | | | | X | | | 177,5 | Defending Champion - SA Classic Bench 2024 |
| JC Bruce | WC | Master 3 | 66 | May-61 | | | | | | X | | 80,0 | Defending Champion - SA Classic Bench 2024 |
| Dan Oppenheim | G | Master 4 | 83 | Jun-45 | | | | | | | X | 90,0 | Defending Champion - SA Classic Bench 2024 |
| Bryce Sillitoe | G | Special OI | 120+ | Aug-01 | | | X | | | | | 103,0 | Defending Champion - SA Classic Bench 2024 |
| Alan de Beer | EC | Subjunior | 66 | | X | | | | | | | 80,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Leon Naidoo | EC | Subjunior | 74 | | X | | | | | | | 102,5 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Micah Naidoo | EC | Subjunior | 74 | | X | | | | | | | 100,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Henre van der Berg | EC | Subjunior | 74 | | X | | | | | | | 90,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Henre van der Berg | EC | Junior | 74 | | | X | | | | | | 90,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Daniel Diedericks | EC | Junior | 83 | | | X | | | | | | 132,5 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Vincent Davies | EC | Junior | 83 | | | X | | | | | | 105,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Stian Landman | EC | Junior | 93 | | | X | | | | | | 100,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Riaan Minnie | EC | Master 1 | 93 | | | | | X | | | | 110,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Tommie de Nysschen | NC | Master 3 | 93 | | | | | | | X | | 140,0 | Eastern Cape Classic Bench Press Championships 2024/5 |
| Werner Smit | WC | Open | 74 | | | | X | | | | | 135,0 | Western Cape Classic Bench Press Championships 2024/25 |
| Carl Osborne | WC | Open | 74 | | | | X | | | | | 132,5 | Western Cape Classic Bench Press Championships 2024/25 |
| Zaheer Boltman | WC | Open | 83 | | | | X | | | | | 150,0 | Western Cape Classic Bench Press Championships 2024/25 |
| Ben Paine | WC | Master 2 | 83 | | | | | | X | | | 110,0 | Western Cape Classic Bench Press Championships 2024/25 |
| Shazly Savahl | WC | Master 2 | 83 | | | | | | X | | | 107,5 | Western Cape Classic Bench Press Championships 2024/25 |
| Gyan Beecum | KZN | Junior | 83 | | | X | | | | | | 90,0 | KZN Classic Bench Press Championships 2025 |

EQUIPPED BENCH PRESS - Qualifiers for SA Champs 2025

| Name | Province | Age Cat | Weight Cat | YOB | SJ | Jun | Open | M1 | M2 | M3 | M4 | Qualifying Total | Qualifying Comp |
|-------------------|----------|-----------|------------|--------|----|-----|------|----|----|----|----|------------------|---|
| Chante Mulder | EC | Junior | 69 | Nov-06 | | X | | | | | | 87,5 | Defending Champion - SA Equipped Bench 2024, EC BP |
| Farzana Botha | G | Open | 52 | Oct-85 | | | X | | | | | 70,0 | Defending Champion - SA Equipped Bench 2024 |
| Lize-Mari de Beer | G | Open | 84 | Oct-00 | | | X | | | | | 82,5 | Defending Champion - SA Equipped Bench 2024 |
| Elisabeth Barry | EC | M2 | 52 | Mar-73 | | | | | X | | | 45,0 | Defending Champion - SA Equipped Bench 2024 |
| Heather Leighton | G | M3 | 69 | Jun-64 | | | | | | X | | 69,0 | Defending Champion - SA Equipped Bench 2024 |
| Stephene Loubser | EC | Subjunior | 69 | 2007 | X | | | | | | | 50,0 | Eastern Cape Equipped Bench Press Championships 2024/5 |
| Anika Maree | EC | Junior | 76 | | | X | | | | | | 77,5 | Eastern Cape Equipped Bench Press Championships 2024/5 |
| Ilze-Mari Maritz | EC | Open | 84+ | | | | X | | | | | 92,5 | Eastern Cape Equipped Bench Press Championships 2024/5 |
| Christi Rees | WC | Open | 84+ | | | | X | | | | | 87,5 | Western Cape Equipped Bench Press Championships 2024/25 |

CLASSIC POWERLIFTING - Qualifiers for SA Champs 2025

| Name | Province | Age Cat | Weight Cat | YOB | Youth | SJ | Jun | Open | M1 | M2 | M3 | M4 | Qualifying Total | Qualifying Comp | Entry received |
|--------------------------|----------|-----------|------------|--------|-------|----|-----|------|----|----|----|----|------------------|---|----------------|
| Emma Diedericks | EC | Subjunior | 47 | Aug-08 | | X | | | | | | | 117,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Gila Smith | G | Subjunior | 69 | Jan-09 | | X | | | | | | | 335,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Lisa Stander | WC | Subjunior | 76 | Jul-07 | | X | | | | | | | 368,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Ava Bezuidenhout | G | Subjunior | 84 | Jan-09 | | X | | | | | | | 300,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Simone Van der merwe | G | Subjunior | 84+ | Jan-07 | | X | | | | | | | 315,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Surina Devnarain | G | Junior | 52 | May-04 | | | X | | | | | | 245,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Mijuane de Wet | G | Junior | 63 | Mar-06 | | | X | | | | | | 392,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Charnleigh Kotzé | G | Junior | 69 | Oct-04 | | | X | | | | | | 405,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Marianka Fourie | G | Junior | 76 | Jan-02 | | | X | | | | | | 330,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Shelby van Tonder | G | Open | 47 | Mar-97 | | | | X | | | | | 277,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Giulia Muto | G | Open | 52 | Jun-87 | | | | X | | | | | 344,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Antoinette Kriel | G | Open | 57 | Sep-71 | | | | X | | | | | 387,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Daniella Da Silva | G | Open | 63 | Feb-97 | | | | X | | | | | 392,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Sasha Gadney | G | Open | 69 | May-95 | | | | X | | | | | 420,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Pia Marangoni | G | Open | 76 | Dec-78 | | | | X | | | | | 399,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Megan Faul | G | Open | 84 | Aug-91 | | | | X | | | | | 508,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Olivia Perotti | G | Open | 84+ | Jan-89 | | | | X | | | | | 490,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Tarryn Valle | WC | Master 1 | 52 | Aug-78 | | | | | X | | | | 283,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Shireen Saacks | G | Master 1 | 57 | Mar-79 | | | | | X | | | | 245,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Sorah Garber | KZN | Master 1 | 63 | Dec-81 | | | | | X | | | | 335,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Kelly Brannan | G | Master 1 | 69 | Nov-81 | | | | | X | | | | 320,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Pia Marangoni | G | Master 1 | 76 | Dec-78 | | | | | X | | | | 399,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Naiema Mohammed | WC | Master 1 | 84 | Aug-83 | | | | | X | | | | 449,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Marina Van der Linde | G | Master 1 | 84+ | Jul-83 | | | | | X | | | | 467,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Elisabeth Barry | EC | Master 2 | 52 | Mar-73 | | | | | | X | | | 240,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Antoinette Kriel | G | Master 2 | 57 | Sep-71 | | | | | | X | | | 387,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Bonita Bloem | G | Master 2 | 76 | Nov-69 | | | | | | X | | | 295,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Beverley Furman | G | Master 2 | 84 | Apr-71 | | | | | | X | | | 262,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Buyisile Ngubane | G | Master 2 | 84+ | Nov-74 | | | | | | X | | | 300,5 | Defending Champion - SA Classic Powerlifting 2024 | |
| Miriam Sinclair | EC | Master 3 | 57 | Oct-58 | | | | | | | X | | 255,0 | Defending Champion - SA Classic Powerlifting 2024 | |
| Minah Eltokhy | WC | Subjunior | 84 | 2008 | | X | | | | | | | 332,5 | Western Cape Classic powerlifting Champs 2024/25 | |
| Kate Wilkin | WC | Junior | 63 | 2004 | | | X | | | | | | 257,5 | Western Cape Classic powerlifting Champs 2024/25 | |
| Stephanie Jones | WC | Junior | 76 | 2004 | | | X | | | | | | 352,5 | Western Cape Classic powerlifting Champs 2024/25 | |
| Tamsin Watcham | WC | Junior | 63 | 2004 | | | X | | | | | | 335,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Charlotte Cronje | WC | Junior | 76 | 2005 | | | X | | | | | | 342,5 | Western Cape Classic powerlifting Champs 2024/25 | |
| Camille Korkie | WC | Open | 57 | 1997 | | | | X | | | | | 305,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Mandy Hall | WC | Open | 57 | 1987 | | | | X | | | | | 245,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Rosan Van Wyngaard | WC | Open | 63 | 1986 | | | | X | | | | | 340,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Astrid Schwarz | WC | Open | 69 | 1984 | | | | X | | | | | 355,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Kristl Kannemeyer | WC | Open | 69 | 1983 | | | | X | | | | | 295,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Mosope (Mo) Adejuyigbe | WC | Open | 76 | 2001 | | | | X | | | | | 350,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Nicole Cooposamy | WC | Open | 84+ | 1993 | | | | X | | | | | 460,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Aaqilah Fataar | WC | Open | 84+ | 1993 | | | | X | | | | | 370,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Astrid Schwarz | WC | Master 1 | 69 | 1984 | | | | | X | | | | 355,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Kristl Kannemeyer | WC | Master 1 | 69 | 1983 | | | | | X | | | | 295,0 | Western Cape Classic powerlifting Champs 2024/25 | |
| Louise Fouche | WC | Master 2 | 84+ | 1972 | | | | | | X | | | 297,5 | Western Cape Classic powerlifting Champs 2024/25 | |
| Kim Dubs | WC | Master 3 | 57 | 1959 | | | | | | | X | | 170,0 | Western Cape Classic powerlifting Champs 2024/25 | |

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|--|----------|------------------|------------|--------|-------|----|-----|------|----|----|----|----|------------------|---|--|--|--|--|--|--|--|--|--|--|--|--|
| Name | Province | Age Cat | Weight Cat | YOB | Youth | SJ | Jun | Open | M1 | M2 | M3 | M4 | Qualifying Total | Qualifying Comp | | | | | | | | | | | | |
| Yonatan Bricker | G | Subjunior | 59 | Mar-09 | | X | | | | | | | 350,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Jaden Madhav | G | Subjunior | 66 | Jan-07 | | X | | | | | | | 435,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Samuel Teeger | G | Subjunior | 74 | May-07 | | X | | | | | | | 520,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Jaime Abida | G | Junior | 66 | Aug-01 | | | X | | | | | | 460,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Jethro Shaw | KZN | Junior | 83 | Aug-04 | | | X | | | | | | 622,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Xander Nel | WC | Junior | 93 | Mar-04 | | | X | | | | | | 572,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Daniel Cotton | WC | Junior | 105 | May-04 | | | X | | | | | | 690,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Simon Curtain | EC | Junior | 120 | Jun-02 | | | X | | | | | | 637,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Geordie Goliath | WC | Open | 59 | Mar-93 | | | | X | | | | | 510,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Jaime Abida | G | Open | 66 | Aug-01 | | | | X | | | | | 460,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Scott Pornss | EC | Open | 74 | Feb-01 | | | | X | | | | | 660,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Marlon Daniels | G | Open | 83 | Nov-75 | | | | X | | | | | 660,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Nkosinathi Ntuli | G | Open | 93 | Aug-97 | | | | X | | | | | 702,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Thomas Wegege | WC | Open | 105 | Aug-92 | | | | X | | | | | 770,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Francois Maritz | G | Open | 120 | Mar-93 | | | | X | | | | | 840,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Stefan Schroder | G | Open | 120+ | Dec-92 | | | | X | | | | | 823,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Enrico Johnson | WC | Master 1 | 66 | Aug-80 | | | | | X | | | | 507,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Deon Smedley | G | Master 1 | 93 | Apr-84 | | | | | X | | | | 668,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Edlyn Serge | G | Master 1 | 105 | Mar-84 | | | | | X | | | | 642,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Newton Mudau | G | Master 1 | 120 | Apr-81 | | | | | X | | | | 682,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Simon Breetzke | G | Master 1 | 120+ | Jun-78 | | | | | X | | | | 705,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Yaniv Lacob | G | Master 2 | 74 | Dec-74 | | | | | | X | | | 407,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Johnny Dam | G | Master 2 | 93 | Dec-69 | | | | | | X | | | 647,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Derek Hayden | NW | Master 2 | 105 | Feb-68 | | | | | | X | | | 482,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Mogamat Kader | WC | Master 2 | 120 | Dec-69 | | | | | | X | | | 655,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| John Crain | G | Master 2 | 120+ | Dec-69 | | | | | | X | | | 640,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Ian Hacker | G | Master 3 | 74 | Nov-64 | | | | | | | X | | 492,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Tommie de Nysschen | NC | Master 3 | 83 | May-63 | | | | | | | X | | 455,5 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Ebrahim Mobara | WC | Master 3 | 93 | Nov-64 | | | | | | | X | | 490,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Andre Ludik | EC | Master 3 | 105 | Jun-57 | | | | | | | X | | 355,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Dan Oppenheim | G | Master 4 / 5? | 74 | Jun-45 | | | | | | | | X | 401,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Gregory Flugel | G | Master 4 | 83 | Feb-54 | | | | | | | | X | 335,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Bryce Sillitoe | G | Special Olympics | 120+ | Aug-01 | | | | X | | | | | 325,0 | Defending Champion - SA Classic Powerlifting 2024 | | | | | | | | | | | | |
| Toufiek Klink | WC | Subjunior | 74 | 2009 | | X | | | | | | | 325,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Thomas Hickman | WC | Subjunior | 83 | 2007 | | X | | | | | | | 477,5 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Connor Smith | WC | Subjunior | 83 | 2009 | | X | | | | | | | 392,5 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Diego Bovey | WC | Junior | 105 | 2006 | | | X | | | | | | 500,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Thean Harding | WC | Junior | 120 | 2006 | | | X | | | | | | 562,5 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Bryan Baatjies | WC | Junior | 59 | 2005 | | | X | | | | | | 350,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Henrique Paulse | WC | Junior | 74 | 2002 | | | X | | | | | | 380,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Kai Van den Berg | WC | Junior | 83 | 2003 | | | X | | | | | | 635,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Jaydon Wandrag | WC | Junior | 83 | 2002 | | | X | | | | | | 527,5 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Neo Nel | WC | Junior | 93 | 2002 | | | X | | | | | | 650,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Jethro Shaw | WC | Junior | 93 | 2004 | | | X | | | | | | 525,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Sean Ballantine | WC | Junior | 93 | 2004 | | | X | | | | | | 490,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Willon Minnaar | WC | Junior | 93 | 2005 | | | X | | | | | | 470,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |
| Siyamthanda Tyeku | WC | Junior | 105 | 2004 | | | X | | | | | | 535,0 | Western Cape Classic powerlifting Champs 2024/25 | | | | | | | | | | | | |

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|----------------------|-----|-----------|------|------|--|--|---|---|---|---|---|---|-------|--|
| Adam Barnard | WC | Junior | 120 | 2003 | | | X | | | | | | 697,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Jawad Booley | WC | Open | 83 | 2001 | | | | X | | | | | 492,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Stiaan du Preez | WC | Open | 105 | 2001 | | | | X | | | | | 772,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Nathan Michael-Steyn | WC | Open | 66 | 1983 | | | | X | | | | | 480,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Ruben Bays | WC | Open | 74 | 2000 | | | | X | | | | | 592,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Sulaiman Albertyn | WC | Open | 74 | 1998 | | | | X | | | | | 530,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Carl Osborne | WC | Open | 74 | 1996 | | | | X | | | | | 500,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Lucas Anderson | WC | Open | 83 | 1992 | | | | X | | | | | 602,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Julian Stander | WC | Open | 83 | 1998 | | | | X | | | | | 602,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Igsaan Stephens | WC | Open | 83 | 1999 | | | | X | | | | | 460,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Calum Harding | WC | Open | 93 | 1998 | | | | X | | | | | 612,5 | Western Cape Classic powerlifting Champs 2024/25 |
| Ruan Koch | WC | Open | 93 | 1989 | | | | X | | | | | 600,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Uwais Mukhtar | WC | Open | 93 | 1999 | | | | X | | | | | 585,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Niyaz Africa | WC | Open | 93 | 1998 | | | | X | | | | | 580,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Shaheed Jabaar | WC | Open | 93 | 1998 | | | | X | | | | | 560,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Jethro Shaw | WC | Open | 93 | 2004 | | | | X | | | | | 525,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Shameeg Brenner | WC | Open | 105 | 1999 | | | | X | | | | | 645,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Jaijah Benson-Turay | WC | Open | 105 | 1991 | | | | X | | | | | 540,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Minolan Naidoo | WC | Open | 120 | 1996 | | | | X | | | | | 640,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Simon Raw | WC | Open | 120+ | 1994 | | | | X | | | | | 760,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Robert Raw | WC | Open | 120+ | 1987 | | | | X | | | | | 710,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Enrico Johnson | WC | Master 1 | 66 | 1980 | | | | | X | | | | 540,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Nathan Michael-Steyn | WC | Master 1 | 66 | 1983 | | | | | X | | | | 480,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Allstair Begg | WC | Master 1 | 83 | 1976 | | | | | X | | | | 555,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Russell McLaren | WC | Master 1 | 93 | 1977 | | | | | X | | | | 460,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Mogamat Casiem Kader | WC | Master 2 | 120 | 1969 | | | | | | X | | | 655,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Ebrahim Mobarra | WC | Master 3 | 83 | 1964 | | | | | | | X | | 475,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Stanley Lameyer | WC | Master 3 | 93 | 1959 | | | | | | | X | | 455,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Michael Cooper | WC | Master 4 | 120+ | 1952 | | | | | | | | X | 245,0 | Western Cape Classic powerlifting Champs 2024/25 |
| Akhona Ndawonde | KZN | Subjunior | 66 | 2006 | | | X | | | | | | 500,0 | KZN Classic Powerlifting Champs 2025 |
| Aaryan Valjee | KZN | Subjunior | 66 | 2008 | | | X | | | | | | 380,0 | KZN Classic Powerlifting Champs 2025 |
| Stian Labuschagne | KZN | Subjunior | 74 | 2008 | | | X | | | | | | 395,0 | KZN Classic Powerlifting Champs 2025 |
| Adam Munitz | KZN | Subjunior | 105 | 2008 | | | X | | | | | | 580,0 | KZN Classic Powerlifting Champs 2025 |
| Shravan Ishwarlall | KZN | Junior | 83 | 2002 | | | | X | | | | | 567,5 | KZN Classic Powerlifting Champs 2025 |
| Tristan Rugbeer | KZN | Junior | 83 | 2002 | | | | X | | | | | 460,0 | KZN Classic Powerlifting Champs 2025 |
| Shrihan Ragoo | KZN | Junior | 93 | 2003 | | | | X | | | | | 575,0 | KZN Classic Powerlifting Champs 2025 |
| Nishalin Govender | KZN | Open | 83 | 1992 | | | | | X | | | | 607,5 | KZN Classic Powerlifting Champs 2025 |
| Saif Al Rambaran | KZN | Open | 93 | 2000 | | | | | X | | | | 500,0 | KZN Classic Powerlifting Champs 2025 |
| Krian Chetty | KZN | Open | 105 | 1998 | | | | | X | | | | 530,0 | KZN Classic Powerlifting Champs 2025 |
| Keeran Nadas | KZN | Open | 120 | 1997 | | | | | X | | | | 730,0 | KZN Classic Powerlifting Champs 2025 |
| Kyle Martin | KZN | Open | 120 | 2001 | | | | | X | | | | 710,0 | KZN Classic Powerlifting Champs 2025 |
| Darien Bester | KZN | Open | 120 | 1994 | | | | | X | | | | 685,0 | KZN Classic Powerlifting Champs 2025 |
| Joel Ramkisson | KZN | Open | 120+ | 1997 | | | | | X | | | | 727,5 | KZN Classic Powerlifting Champs 2025 |
| Ryno Theron | KZN | Master 1 | 74 | 1983 | | | | | | X | | | 420,0 | KZN Classic Powerlifting Champs 2025 |
| Dean Coleman | KZN | Master 1 | 93 | 1985 | | | | | | | X | | 510,0 | KZN Classic Powerlifting Champs 2025 |